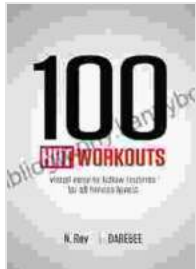


Visual Easy To Follow Routines For All Fitness Levels



100 HIIT Workouts: Visual easy-to-follow routines for all fitness levels by N. Rey

★★★★☆ 4.5 out of 5

Language : English
File size : 79693 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 219 pages



The Perfect Book for Getting in Shape

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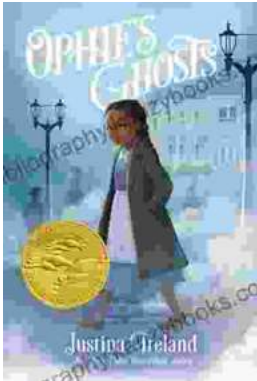
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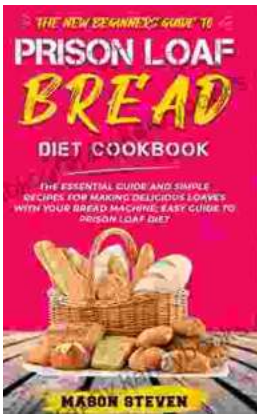
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