

Rudolf Breuss Cancer Cure: Correctly Applied



Rudolf Breuss cancer cure correctly applied by Mathea Ford

★★★★☆ 4.1 out of 5

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Are you searching for a holistic approach to cancer treatment? Look no further than the Rudolf Breuss Cancer Cure, a revolutionary method that has helped countless individuals regain their health.

The Science Behind the Cure

Rudolf Breuss, an Austrian naturopath and herbalist, developed this cure based on the belief that cancer is a result of blood toxicity. His theory suggests that by cleansing the blood and eliminating toxins, the body's natural healing mechanisms can kick in and fight the disease.

The Breuss Cure involves a 42-day juice fast where participants consume freshly pressed vegetable juices, herbal teas, and supplements. These juices are rich in vitamins, minerals, and enzymes that nourish the body while flushing out toxins.

The 42-Day Juice Fast

The cornerstone of the Breuss Cure is the 42-day juice fast. During this period, participants follow a strict regimen of juicing and herbal teas:

- **Morning:** 500ml of beetroot, carrot, celery, and radish juice
- **Afternoon:** 500ml of beetroot, carrot, and celery juice
- **Evening:** Herbal tea made from sage, nettle, and yarrow

Participants can also consume small amounts of vegetable broth and honey to maintain energy levels.

How to Apply the Cure Correctly

To maximize the benefits of the Breuss Cure, it's crucial to follow the instructions carefully:

- **Prepare for the fast:** Gradually reduce your intake of processed foods, meat, and dairy products in the week leading up to the fast.
- **Choose organic produce:** Use fresh, organic vegetables and fruits for juicing to avoid ingesting pesticides and chemicals.
- **Hydrate:** Drink plenty of purified water throughout the day to support detoxification.
- **Rest and relaxation:** Allow your body to heal by getting adequate rest and engaging in stress-reducing activities.
- **Follow-up:** After the 42-day fast, gradually reintroduce solid foods while continuing to emphasize a plant-based diet.

Potential Benefits

Numerous individuals who have embraced the Breuss Cure have reported positive outcomes, including:

- Reduced tumor size and metastasis
- Improved immune function
- Enhanced energy levels
- Clearer skin and reduced inflammation
- Weight loss and improved digestion

It's important to note that individual results may vary, and the cure is not a substitute for conventional medical treatment.

The Rudolf Breuss Cancer Cure offers a unique and powerful approach to cancer treatment. By understanding the science behind the cure and applying it correctly, individuals can empower themselves to take control of their health and potentially achieve remarkable results.

Remember, it's always advisable to consult with a qualified healthcare practitioner before embarking on any alternative treatment.



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