

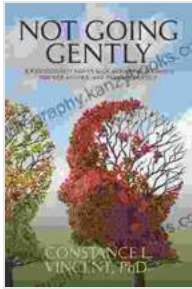
Psychologist Fights Back Against Alzheimer For Her Mother And Perhaps Herself



Not Going Gently: A Psychologist Fights Back against Alzheimer's for Her Mother. . .and Perhaps Herself

by Florendia Lambrou

★★★★☆ 4.9 out of 5



Language	: English
File size	: 2657 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 169 pages
Lending	: Enabled



When Dr. Lisa Genova's mother was diagnosed with Alzheimer's disease, she was determined to find a way to fight back. As a psychologist, she knew that there was no cure for Alzheimer's, but she believed that there had to be something that could be done to slow its progression. She began to research the disease, and she soon discovered that there were a number of things that could be done to help people with Alzheimer's maintain their cognitive function and quality of life.

Dr. Genova put her research into practice, and she saw firsthand the positive impact that it had on her mother. Her mother's memory and cognitive abilities improved, and she was able to live a more fulfilling life. Dr. Genova's work has inspired other families who are dealing with Alzheimer's disease, and she has become a leading advocate for research into the disease.

In her book, "Still Alice," Dr. Genova shares her personal story of her mother's battle with Alzheimer's disease. She also provides a comprehensive overview of the disease, including its symptoms, diagnosis, and treatment. She offers practical advice for caregivers, and she provides hope for those who are facing the challenges of Alzheimer's disease.

"Still Alice" is a powerful and moving book that provides a unique perspective on Alzheimer's disease. Dr. Genova's personal story is both heartbreaking and inspiring, and her research provides hope for those who are facing the challenges of this devastating disease.

Symptoms of Alzheimer's Disease

Alzheimer's disease is a progressive brain disorder that affects memory, thinking, and behavior. The symptoms of Alzheimer's disease can vary depending on the stage of the disease, but they typically include:

- Memory loss
- Difficulty thinking and reasoning
- Problems with language
- Changes in behavior
- Loss of coordination

Diagnosis of Alzheimer's Disease

Alzheimer's disease can be diagnosed through a combination of physical and neurological exams, as well as cognitive testing. There is no single test that can definitively diagnose Alzheimer's disease, but the combination of tests can help to rule out other conditions that may be causing similar symptoms.

Treatment of Alzheimer's Disease

There is no cure for Alzheimer's disease, but there are medications that can help to slow the progression of the disease and manage the symptoms. These medications can include:

- Cholinesterase inhibitors
- Memantine
- Antipsychotics

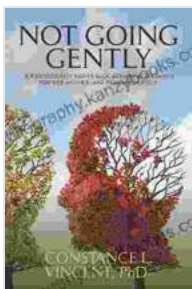
Caregiving for Someone with Alzheimer's Disease

Caring for someone with Alzheimer's disease can be challenging, but there are a number of things that can be done to make it easier. These things include:

- Providing a safe and supportive environment
- Helping with daily activities
- Managing the symptoms of the disease
- Providing emotional support

Hope for the Future

Although there is no cure for Alzheimer's disease, there is hope for the future. Research into the disease is ongoing, and new treatments are being developed all the time. These treatments are helping to improve the lives of people with Alzheimer's disease, and they are bringing us closer to a cure.



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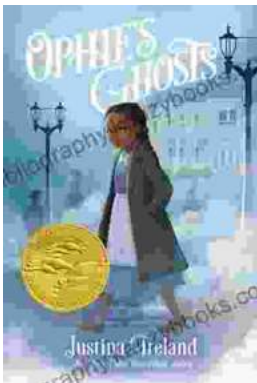
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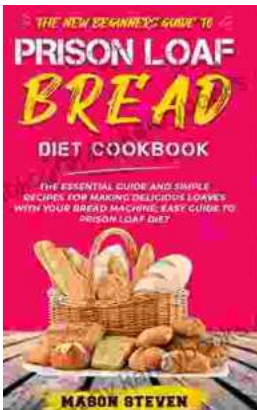
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