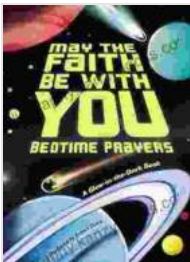


# May the Faith Be with You: Bedtime Prayers for All Ages

Do you ever find it difficult to wind down at night? Your mind racing, your thoughts swirling, keeping you from getting restful sleep. If so, you're not alone. Millions of people around the world struggle with insomnia and other sleep disFree Downloads.



## May the Faith Be With You: Bedtime Prayers

by Susan Collins Thoms

★★★★☆ 4.6 out of 5

Language : English

File size : 50070 KB

Screen Reader : Supported

Print length : 32 pages



One way to promote relaxation and a peaceful night's sleep is to incorporate a bedtime ritual into your routine. This could include reading a book, taking a warm bath, or listening to calming music.

Another great way to end your day is with a bedtime prayer. Praying can help you to connect with your faith, express gratitude for the day's blessings, and release any worries or anxieties that may be keeping you awake.

May the Faith Be with You is a collection of bedtime prayers for children and adults of all ages. These prayers are designed to help you drift off to

sleep with peace and gratitude. They are written in a simple, easy-to-understand language that makes them accessible to people of all faiths and backgrounds.

The prayers in this book cover a variety of topics, including:

- Gratitude
- Peace
- Tranquility
- Protection
- Guidance
- Healing
- Hope

Whether you are a seasoned prayer warrior or you are just starting to explore your faith, *May the Faith Be with You* is a valuable resource that can help you to find peace and tranquility at bedtime.

Here is a sample prayer from the book:



***“Dear God,***

***I thank you for the day that has passed. I thank you for my family, my friends, and all the blessings in my life.***

***I pray for peace tonight. I pray for peace in my heart, peace in my home, and peace in the world.***

***I pray for tranquility. I pray for a calm mind and a restful sleep.***

***I pray for protection. I pray that you will keep me safe from all harm.***

***I pray for guidance. I pray that you will show me the way in my life.***

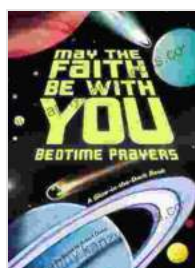
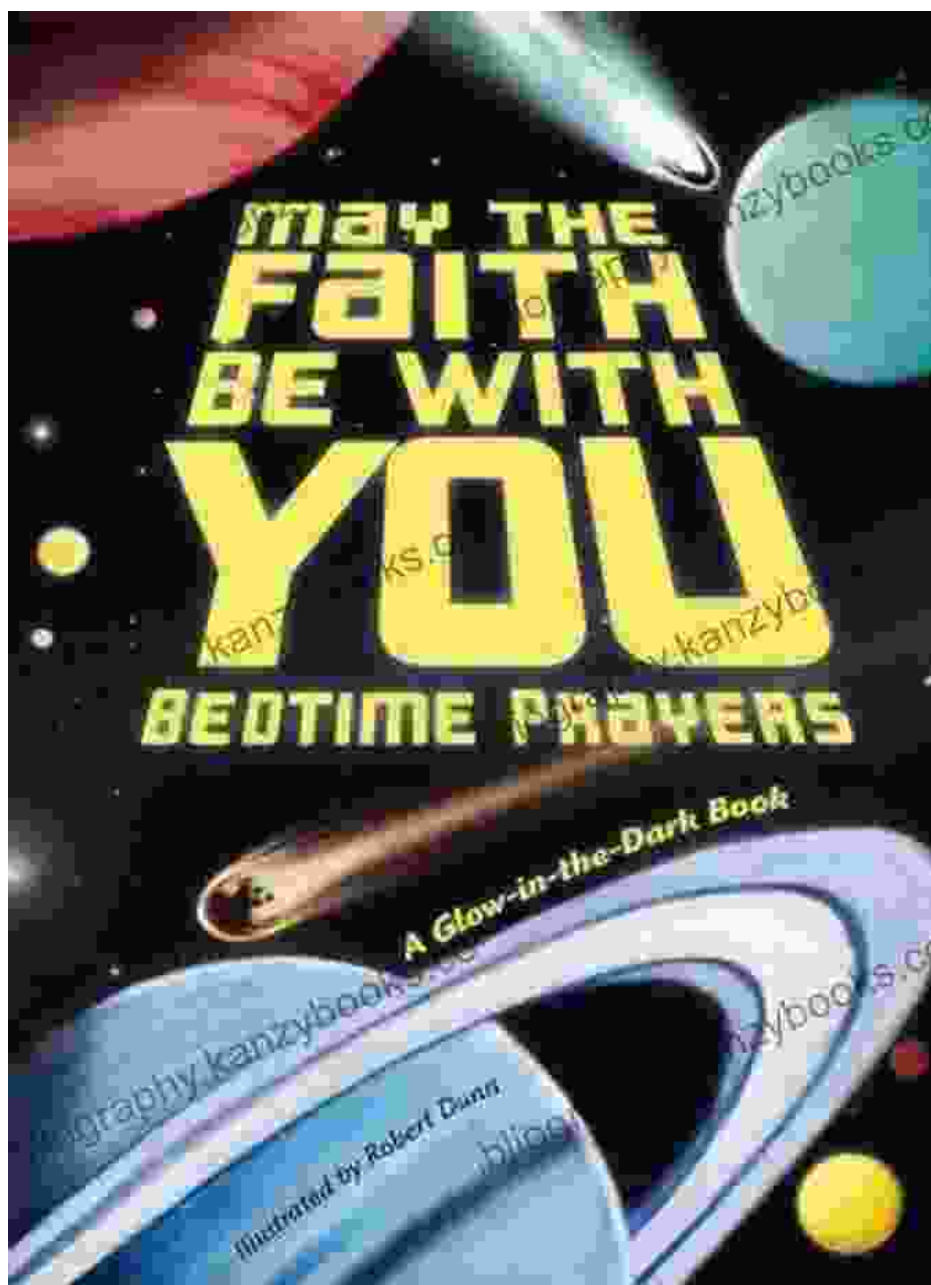
***I pray for healing. I pray for healing for myself, for my loved ones, and for all those who are suffering.***

***I pray for hope. I pray for hope for the future, hope for the world, and hope for all who are struggling.***

***Amen.”***

If you are looking for a way to improve your sleep and connect with your faith, *May the Faith Be with You* is the perfect book for you. Free Download your copy today and start enjoying the benefits of bedtime prayers tonight!

Free Download Your Copy Today



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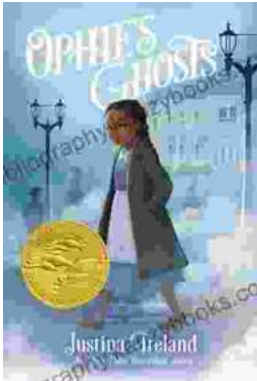
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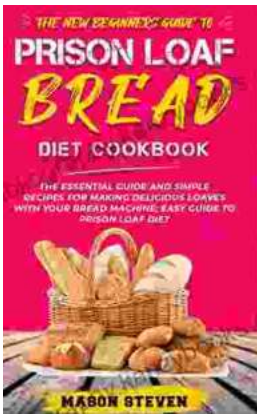
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