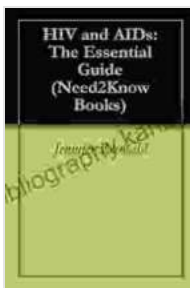


# HIV & AIDS: The Essential Guide Need2know 168

## What is HIV and AIDS?

HIV (human immunodeficiency virus) is a virus that attacks the body's immune system. AIDS (acquired immunodeficiency syndrome) is the most advanced stage of HIV infection. People with AIDS have a weakened immune system that makes them more susceptible to other infections and diseases.



## HIV and AIDs: The Essential Guide (Need2Know Books Book 168) by Jennifer Reinhoehl

★★★★☆ 4 out of 5

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Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 101 pages
Lending	: Enabled



## How is HIV transmitted?

HIV is transmitted through contact with infected bodily fluids, such as blood, semen, vaginal fluid, and breast milk. It can be spread through sexual contact, sharing needles, or receiving a blood transfusion from an infected person.

## **What are the symptoms of HIV?**

The symptoms of HIV can vary depending on the stage of infection. In the early stages, people may experience flu-like symptoms, such as fever, chills, muscle aches, and fatigue. As the infection progresses, people may develop more serious symptoms, such as weight loss, night sweats, and swollen lymph nodes. In the most advanced stage of HIV infection, people may develop AIDS-defining illnesses, such as Pneumocystis jirovecii pneumonia (PCP), Kaposi's sarcoma, and cytomegalovirus (CMV) retinitis.

## **How is HIV diagnosed?**

HIV is diagnosed with a blood test. The test can detect the presence of HIV antibodies in the blood. Antibodies are proteins that the body produces in response to infection.

## **How is HIV treated?**

There is no cure for HIV, but there are treatments that can help people manage the virus and live longer, healthier lives. Antiretroviral therapy (ART) is a combination of medications that work to suppress the virus and prevent it from damaging the immune system. ART can significantly reduce the risk of developing AIDS-defining illnesses and improve the quality of life for people with HIV.

## **How can HIV be prevented?**

There are several ways to prevent HIV transmission, including:

\* Using condoms during sex \* Not sharing needles \* Getting tested for HIV regularly \* Talking to your doctor about PrEP (pre-exposure prophylaxis)

## **What is the life expectancy of someone with HIV?**

The life expectancy of someone with HIV has increased significantly since the of ART. With proper medical care, people with HIV can live long, healthy lives.

## What are the challenges facing people with HIV?

People with HIV face a number of challenges, including:

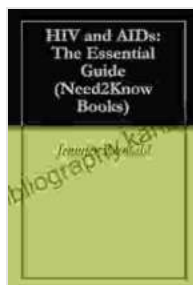
\* Stigma and discrimination \* Financial difficulties \* Access to healthcare \* Mental health issues

## What can be done to help people with HIV?

There are a number of things that can be done to help people with HIV, including:

\* Educating people about HIV and AIDS \* Reducing stigma and discrimination \* Providing financial assistance \* Improving access to healthcare \* Offering mental health support

HIV and AIDS are serious public health concerns, but there is hope. With proper medical care, people with HIV can live long, healthy lives. It is important to continue to work to educate people about HIV and AIDS, reduce stigma and discrimination, and improve access to healthcare for people with HIV.

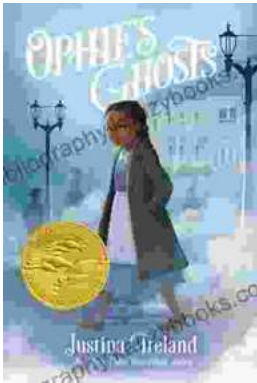


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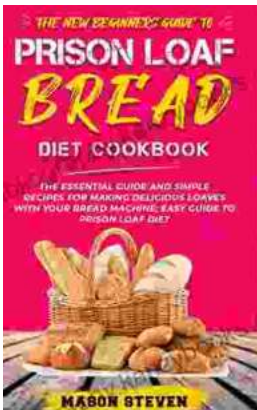
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