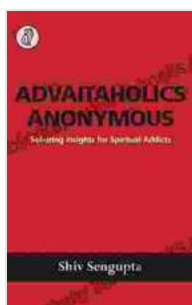


# Advaitaholics Anonymous

## Sobering Insights for Spiritual Addicts

Are you addicted to spirituality? Do you find yourself constantly seeking out new gurus, workshops, and retreats, but never feeling truly satisfied? If so, you may be an advaitaholic.



### Advaitaholics Anonymous: Sobering Insights for Spiritual Addicts by Galina Krasskova

★★★★☆ 4.7 out of 5

Language	: English
File size	: 2518 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 257 pages
Lending	: Enabled



Advaitaholics are people who are addicted to the pursuit of spiritual enlightenment. They may believe that they are on a special path to liberation, and that they are superior to others who are not as spiritually advanced. They may also spend excessive amounts of time and money on spiritual pursuits, to the neglect of their other responsibilities.

Advaitaholic addiction can have a devastating impact on an individual's life. It can lead to financial ruin, relationship problems, and even mental health issues. If you think you may be an advaitaholic, it is important to seek help.

Advaitaholics Anonymous is a 12-step program for people who are addicted to spirituality. The program is based on the principles of Alcoholics Anonymous, and it offers a path to recovery for those who are struggling with this addiction.

The 12 steps of Advaitaholics Anonymous are:

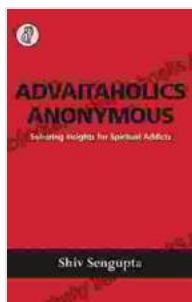
1. We admitted we were powerless over our addiction to spirituality, and that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.

11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to other advaitaholics, and to practice these principles in all our affairs.

The 12 steps of Advaitaholics Anonymous offer a path to recovery for those who are struggling with addiction to spirituality. By following these steps, advaitaholics can learn to let go of their addiction and live full and meaningful lives.

If you think you may be an advaitaholic, please seek help. Advaitaholics Anonymous can help you on the path to recovery.

To learn more about Advaitaholics Anonymous, please visit our website at <http://www.advaitaholics.org>.



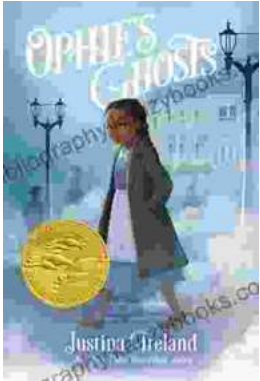
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